

Dear patient,

You have now had your braces removed and we have bonded a fixed wire behind a number of your teeth. As was explained to you, this bonded wire is placed to prevent any movement of the teeth it is attached to. We have chosen to place a bonded wire as these teeth are seen as particularly prone to wanting to move now that the braces have been removed.

Following is some important information in relation to your bonded wire.

1. Take care not to chew anything hard on the teeth to which the bonded wire is attached. This is similar to the caution you would have exercised whilst your braces were in place.
2. When brushing your teeth, pay particular attention to the bonded wire to ensure that it is thoroughly cleaned. Plaque will tend to accumulate on this wire, as was the case with your braces. As you are aware, plaque can cause decay so it is crucial that plaque be removed on a regular basis with tooth brushing.
To clean between the wire and the gum you may want to use Superfloss or Floss Threaders.
If the orthodontist feels that there is any risk of decay arising through inadequate tooth brushing, the wire will be removed.
3. Notify us immediately if you notice that the wire has been dislodged from any of the teeth, or is broken or bent, or does not feel right.
4. The bonded wire is not a substitute for all retainers. It is important that you wear any other retainer(s) issued to you as instructed.
5. There is no set time for the bonded wire to remain in place. Ideally, we would like to maintain the wire in position for a number of years.
6. **It is important that you maintain your periodic dental examinations with your general dentist.**



SPECIALIST ORTHODONTISTS

**Adelaide CBD
HEAD OFFICE**

3rd Floor
Bagot House
198 North Terrace
Adelaide SA 5000

T: 08 8227 0336
F: 08 8227 1626

www.onia.com.au

Dr Guy J. **BURNETT**
BDS MDS FICD

Dr Eden Y. **LAU**
BDS Grad Dip Clin Dent
DClinDent MOrth RCSEd
MRACDS(Orth)
MFDS RCPSCG FDS RCSEd

Dr James B. **MOSES**
BSc BDS DClinDent MOrth
RCSEd MRACDS(Orth)



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